



**SHIATSU COLLEGE
LONDON**

Est. 1986



Dear Prospective Student,

Thank you for your recent enquiry about courses on offer at the Shiatsu College London.

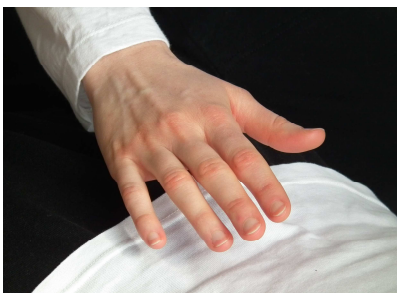
- Are you interested in developing your own health and energy?
- Would you like to learn some bodywork essentials?
- Are you already practising Massage, Acupuncture, QiGong, Reflexology, Cranio-Sacral Therapy, Bowen Technique, EFT/TFT, Indian Head Massage? Would you like to broaden your skills—and do some really interesting and useful CPD?
- Would you like a career in Complementary Medicine?

If your answer to any of these questions is 'YES' then our new and exciting Energy-Work programmes could be just right for you. From single weekend workshops right through to a full professional qualification study, our modular programmes have been designed to provide maximum flexibility and choice for those taking part.

Our courses are fully accredited by the Shiatsu Society UK and by the [NOCN](#); we are currently the only school in the UK to offer nationally recognized awards which you can accumulate during your studies. Please see our Prospectus for further details of the NOCN Credit System.

All classes take place at our lovely new venue:
The Tulip Yoga Studio in Clapham SW4 [Tulip Yoga Studio](#)

For full information about content and required home study for each of our programmes, please refer to our prospectus or website. [Shiatsu College Prospectus 2011](#)



The following pages give the dates and prices for the [Shiatsu College](#) London Open Programme Modules 2011/2012

Open Programme Subjects, Dates and Prices

The Open Programme modules being offered in London from September 2011 are given below.

You can attend some or all of the weekends.

If you wish to study towards professional qualification, the first step is to build your foundation skill and knowledge, which you can do, if you are a beginner, by completing a minimum of 9 weekend workshops and the anatomy module from the Open Programme (all those starred ** plus 2 more optional weekends, see below for full details).

Please note: The prices given are per module; however we offer a discounted price for those who wish to pay for all the required weekends and the anatomy module in advance (this must include all modules marked **). Please see page 5 for details.

Open Programme Modules and Workshops 2011-2012

Module Title / Subject:	Dates:	Prices:
<p>Shiatsu College London OPEN DAY</p> <p>An opportunity to find out about the new and exciting format of the College courses, receive a free Shiatsu taster treatment and meet the teachers and students.</p>	<p>11th September 2011</p> <p>time tbc</p>	<p>FREE</p>
<p>Introduction to Energy Work ** (1 Weekend)</p> <p>An exciting exploration into working with the human energy field. Discover how to connect with and develop your sensitivity to different energetic qualities and how to connect with others.</p> <p>Who for?</p> <ul style="list-style-type: none"> • Anyone curious about energy work and healing • Existing energy workers and therapists – discover how to improve your connection and power, direct your energy better and how to be more effective with less effort 	<p>October 15th & 16th 2011</p>	<p>Special Introductory Price £ 95.00</p>

Module Title / Subject continued:	Dates:	Prices:
<p>The Foundations of Shiatsu ** (3 weekends)</p> <p>An introduction to the principles and practice of Shiatsu.</p> <p>Spread over 3 weekends, this module introduces the basic principles of Shiatsu. You will develop your practical and highly effective Shiatsu skills, which you can practice on family and friends. You will be introduced to the Daoist theories that underpin it, including an exploration of the qualities and nature of Chi and the principles of Yin and Yang that are at the heart of all branches of Traditional Eastern Medicine.</p> <p>Who for?</p> <ul style="list-style-type: none"> • Those wanting to find out more about Shiatsu and what it is like to give and receive • Those wanting to begin the journey towards becoming a Shiatsu practitioner – this is where it all starts! • Shiatsu students – past & present, a great opportunity to get back-to-basics! 	<p>Foundations 1: October 29th & 30th 2011</p> <p>Foundations 2: November 19th & 20th 2011</p> <p>Foundations 3: December 10th & 11th 2011</p>	<p>3 weekend Foundations of Shiatsu module</p> <p>£435</p> <p>Include the Introduction to Energy Work weekend for a special price of</p> <p>£495</p>
<p>Seated Acupressure (2 weekends)</p> <p>Seated bodywork is an expanding sector of complementary therapy, due to its versatility and ease. With demand rising within companies and dedicated centres, this module is designed to teach you the skills needed to treat a range of people. You will learn the basics of treatment, selected acupressure points and when not to treat. Upon completion of this module plus our Anatomy Module, you will receive a Seated Acupressure certificate.</p> <p>Who for?</p> <ul style="list-style-type: none"> • Those of you wanting to provide Shiatsu in the workplace or work with clients who are unable to lie on a futon. • Existing bodyworkers and therapists of other modalities who would like to expand their treatment options • Shiatsu students – past & present, a great opportunity to expand your client base 	<p>Please note that this module is taught at our BRIGHTON branch</p> <p>Part 1 January 7th & 8th Part 2 January 28th & 29th</p> <p>And at our HASTINGS branch</p> <p>Part 1 April 14th & 15th Part 2 May 19th & 20th</p>	<p>2 weekend Seated Acupressure module</p> <p>approx £290</p>

Module Title / Subject continued:	Dates:	Prices:
<p>An Introduction To TCM & 5 Elements ** (2 weekends)</p> <p>An introduction to the wisdom and breadth of TCM (Traditional Chinese Medicine), a rich and fascinating holistic system of medicine.</p> <p>Who for?</p> <ul style="list-style-type: none"> • Beginners: with its focus on the 5 Vital Substances and the functions of the Yin & Yang organs, this module will give you an understanding of the building blocks of TCM • Those of you wanting to work with Acu-points who have no prior training in TCM – this module will provide you with a solid foundation and vocabulary for understanding how to use acupuncture points in your practice 	<p>Intro to TCM 1: February 18th & 19th 2012</p> <p>Intro to TCM 2: March 3rd & 4th 2012</p>	<p>2 weekend Intro to TCM module £290</p>
<p>Clean Language and Chi: A Masterclass with Nicholas Pole</p> <p>A practical introduction to a phenomenally effective way of asking very simple questions, which help clients to make their own mind/body connections and participate more in their own healing process. Clean Questions bring a Zen-like clarity to understanding what a client really wants from a session, and are an excellent way of keeping the therapist's own unconscious judgements, preconceptions and prejudices to a minimum in communicating with the client.</p>	<p>May 26th & 27th 2012</p>	<p>£155</p>
<p>Acupressure for Common Ailments (1 weekend)</p> <p>An introduction to some of the most important acupuncture points and how to use them.</p> <p>Who for?</p> <ul style="list-style-type: none"> • Shiatsu beginners/ improvers – an opportunity to learn and revise some of the vital acu-points that you can include within your Shiatsu treatments • Anyone wanting a clear introduction to the 'points' and how and when to use them • Existing bodyworkers and therapists of other modalities who would like a practical introduction the acu-points 	<p>June 30th & July 1st 2012</p>	<p>£145</p>
<p>Online Anatomy & 1 day Experiential Anatomy Course**</p> <p>An accredited e-Learning Anatomy Course, which is assessed at a one day Experiential Anatomy workshop. E-Learning allows us to support students with accessible, fun ways of learning, minimising class time spent on theory and maximising the time available for hands-on work. Accredited Prior Learning (APL) is accepted for this Anatomy module</p>	<p>Online Anatomy Course available from 1st November 2011</p> <p>Experiential Anatomy day July 14th 2012</p>	<p>Total for full online Anatomy Course and Experiential Anatomy day £235</p>

Module Title / Subject continued:	Dates:	Prices:
Transition to the Core Programme (1 day) ** A day of informal assessment and review, for all those wishing to continue their studies in the Core Programme	July 15th 2012	£70

The Open Programme Study Package

As an alternative to booking and paying for modules separately, we offer an 'Open Programme Study Package'. This gives great value and is ideal for beginners wanting to study towards entering the Core Programme and professional qualification:

We offer a discounted price of £1,350 if you decide to commit to all the 9 weekend workshops plus the online anatomy course required to join the Core Programme.

If you pay £1,350 you receive the starred ** modules listed above plus 2 more weekends of your choice together with these additional valuable benefits:

- You receive scheduled telephone tutorials with a senior tutor through the year to assist your progress and development.
- You will have access to your Tutors, who will mark your homeworks and assignments, throughout the year.
- You will receive discounted treatment rates from Shiatsu College Teachers.
- We pay your first Year's membership of the Shiatsu Society—helping you become part of the wider Shiatsu community, and receive the Society's quarterly Journal.
- You will be able to register with the National Open College Network (NOCN) for the year (Our prospectus explains the value of this registration.)

If paid for individually, the total cost of 9 modules and workshops would be £1,425 (excluding the benefits shown above)

Please note that comprehensive course notes are supplied and included in this sum, but the cost of text books or any equipment you may wish to have for your own use outside the College, is not.

To enrol and take advantage of this Open Programme Study Package simply complete the attached Booking Form and return with deposit or payment.

If you have any questions about the courses on offer then please feel free to contact Jane Lyons either by email: jane@jlwl.freeserve.co.uk or call 0208 671 0909.